

Thought



Scholastic Services

A Division of Food For Thought

Sample Lunch Menu

All-Time Favorite Crispy Chicken Tenders and Tater Tots

Served with Ketchup

Melted Cheese Quesadilla

Served with Salsa

Brain Fuel Hamburger

Served on a Whole Wheat Roll with Ketchup and Mustard

FFT's Cheesy Pizzeria Pizza

Turkey, Cheese and Lettuce Pinwheel

Thinly-Sliced Honey-Roasted Turkey and Cheese Spread with Crisp Lettuce

Grandma's Favorite Whole Wheat Penne Pasta with Butter

Served with Marinara Sauce and Parmesan Cheese on the side

A+ Mixed Green Salad with Grilled Chicken Breast

Romaine and Ice Berg Lettuce, Tomatoes, Cucumbers and Croutons

Served with Ranch Dressing on the side

Energy Charged Caesar Salad with Grilled Chicken Breast

Served with Caesar Dressing on the side

Sides

Seasonal Fresh Fruit Cup

Yogurt

Seasonal Vegetables with Dip

Applesauce

Whole Apple

Desserts

Rice Krispies Treats

Chocolate Chip Cookies

M&M Cookies

Brownies

Mini-Dessert Bites